

THE HHS TENANT NEWSLETTER

WINTER EDITION 2016

CENSUS NIGHT 2016

The Australian Bureau of Statistics (ABS) will hold its next Census on August 9. The Census gives you a chance to contribute valuable household information that the government will then use to develop policies that will help shape Australia.

Your personal information will not be shared with any other agency, including Police, Centrelink or Australian Taxation Office. It's very important to the ABS that everyone understands this because without a feeling of confidence, you won't want to give your information over. The Census is compulsory for every household and your personal identifying information is protected.

So, how can you help?

You will get the opportunity to participate either by filling in a paper copy of the census household form which will be delivered by a Census collector, or by filling out an online electronic form for each member of your household who normally lives with you.

The forms ask questions about gender, family relationships, ethnicity, language spoken, religion, education, income, employment, volunteering and other questions that will assist the Australian Bureau of Statistics to form a picture of Australian residents and visitors.

Haven; Home, Safe will be contributing by helping to collect data on an important group of Australians – the homeless.

Homeless people also stay in houses, so if on census night you have someone in your house who does not normally live there and doesn't have a permanent address, please complete the census form with their information but indicate that they don't normally live in your house by writing "none" in the suburb as an answer to the question "where does the person usually live?"

This will help the ABS capture very important information about the real numbers of people affected by homelessness. This will help government develop policy, allocate resources, and provide services to the homeless population of Australia.

If you have questions or want to comment on the Census, contact Sue Devereaux on **03 5444 9031** or via email sue.devereaux@hhs.org.au





LEARN LOCAL

Haven; Home, Safe is offering the following free Learn Local modules in Bendigo:

- Introduction to Computers
- Getting Ready to Work
- Skills for working and living well

Participants can pick and choose the modules they wish to do and the order they do them in.

Each course requires twenty hours of your time, split into two 2 hour sessions each week for five weeks.

Learn Local modules aim to develop self-esteem, confidence, and resilience while helping improve general skills. These skills range from money management, basic numeracy and literacy, to creating a resume and applying for work.

If you are interested please contact **Rick Christie** on **5444 9067** or email rick.christie@hhs.org.au

DO YOU KNOW YOUR NEIGHBOURS?

NABO is a secure website that allows you to connect with everything that is going on in your suburb.

Find out about events, share local knowledge, and create a support network you can ask for help from.

To get involved and help build a stronger community go to www.nabo.com.au type in your suburb and see how many people are already using NABO near you.

SUFFERING FROM BILL SHOCK?

You may be eligible for the Utility Relief Grant if you are unable to pay your mains electricity, gas, or water bill due to a temporary financial crisis.

To be eligible you will need to hold either a health care card, pensioner concession card, or veteran's affairs gold card; or be registered with your utility company's hardship program. The amount of the grant is based on the balance owing at the time of the application and is capped at six months' worth of usage up to \$500.

The grant is not a loan and does not need to be paid back. For more information contact the Concessions Information Line on **1800 658 521** (toll free) or visit www.dhs.vic.gov.au/concessions

MAINTAINING YOUR HOME

Have you seen our Top 10 Maintenance Tips videos on YouTube yet? You could be surprised at how easy it can be to fix those little problems such as loose door handles, or blown light bulbs. Search YouTube for Haven Home Safe and find the videos or type this link into your browser: <http://bit.ly/1Y1YaLr>

You will find videos on:

- Changing downlights
- Cleaning a gas stove top and rangehood filters
- Tightening a loose toilet seat
- Cleaning split system filters
- Maintaining Vertical Blinds
- Changing light globes and heat lamps
- Turning off your water metre if there is a burst pipe
- Caring for your sliding door tracks
- Loose door handles
- Loose cupboard doors



The videos are intended as a general guide and may not be appropriate for your specific home or circumstances. If in doubt about your ability to undertake any home maintenance tasks, always seek the help of an appropriately trained person or professional. Haven; Home, Safe takes no responsibility for any damage caused through reliance on information contained in the YouTube clips.

Please know that when you report a non-urgent maintenance request tradespeople have up to 14 days to respond. If you haven't heard from anyone after 14 days please call us and we will follow up your request.

If you have any questions or have a maintenance issue please call the team on **1300 100 242**.

DO YOU LOVE MAKING ART?

Open Canvas assists disadvantaged artists to market and sell their art at a fair market value, earn an income through their art, and be professionally recognised and rewarded.

For more information visit their website www.opencanvas.com.au



GET INVOLVED

ESSENDON AREA

Knit & Knatter: FREE

Always wanted to knit but don't know how? Or are you clever with knitting needles and want to make new friends? Go along to Knit and Knatter classes and create knitted pieces for community projects. All materials are provided and classes are for free. There are two locations you can choose from.

When Tuesday, 10.30–12.30pm

Where Ascot Vale Neighbourhood Centre. Corner Munro St and Union Road, Ascot Vale

When Thursday, 10am–12pm

Where Crown Street Stables, 40 Crown St, Flemington

Register by contacting Ann on **9243 8835** or email connected@mvcc.vic.gov.au

Vics Flicks: FREE Classic movie screenings

Enjoy classic movies from the golden age of Hollywood. In partnership with Vics Flicks, Moonee Valley Council run monthly free movie screenings for seniors, or residents who have a disability and their carers.

Where Burley Griffin Neighborhood Centre, Park Drive (off The Crossway), East Keilor.

Please book at least one week in advance as places are limited, call **9243 8712**.

*Transport services, carer support and community meals are also available upon request for a fee (two weeks' notice required).

Community Centres

Flemington Community Centre offers a range of adult programs which include introduction to computers, cooking, sewing, arts and crafts, exercise and social dance.

Where 25 Mount Alexander Road, Flemington

Bowes Avenue Community Centre offers a range of social, recreational, educational and community.

Where 27-31 Bowes Avenue, Airport West
For more information call **8325 1890**

DONCASTER AREA

Everyday Parenting

Learn skills and strategies for managing difficult behavior in children aged 0-12. These two free workshops with Alexandria Tait an Education Development Psychologist are presented by Manningham Health. Places are limited to ten people.

To book phone **9850 3687**

Mindful Meditation Classes

Manningham Community Health Services is conducting a series of Mindfulness Meditation Classes. Learn exercises, and skills based in Buddhist Meditation techniques and Cognitive Behavioral Therapy over eight sessions. All participants receive CDs of guided meditation.

For more information call **8841 3000** or visit www.mannchs.org.au

Community Centres

Pines Learning

High quality, diverse and lifelong learning opportunities in an encouraging environment. We work with and are accessible to people in the local community, regardless of background, age or gender.

Where 1/520 Blackburn Road, Doncaster East

Contact 9842 6726

Living and Learning @ Ajani

Formerly known as Bulleen and Templestowe Community House (BATC) Living and Learning @Ajani provides a wide range of quality courses and activities at an affordable price, in an accessible and friendly meeting place for our wonderfully diverse community.

Where 2/284 Thompsons Rd, Lower Templestowe 3107

Contact (03) 9850 3687

Email office@livelearnajani.org.au

FIND US ON SOCIAL MEDIA

Want to know more about what we get up to?

Find us on Facebook and Twitter.



[/HavenHomeSafe](https://www.facebook.com/HavenHomeSafe)



[@HavenHomeSafe](https://twitter.com/HavenHomeSafe)

Do you know of any fun or interesting events or activities in your local area? Tell us by contacting your nearest Community Engagement Officer:

Robert Jamieson

Central: 03 5444 9063

Matthew Smith

Mallee: 03 5018 4214

Michele McNeil

Metro: 03 9479 0729

